

## РЕЖИМ ДНЯ МБДОУ

Утверждаю: заведующий Е.А. Панченко  
 приказ №53 от 26.08.2021г.

«Детский сад общеразвивающего вида №29 п.Тавричанка Надеждинского района» на 2021-2022 учебный год.



Режимные моменты	Время, группы				
	Вторая группа раннего возраста 2-3	Младшая группа 3-4 года	Средняя группа 4-5 лет	Старшая группа 5-6 лет	Подготовительная группа
Прием, осмотр, игры, дежурство	7.30 – 8.15	7.30-8.15	7.30-8.15	7.30-8.25	7.30-8.25
Утренняя гимнастика	8.15 – 8.20	8.15-8.21	8.15-8.23	8.25-8.35	8.25-8.37
Подготовка к завтраку, завтрак, игры	8.20 – 8.55	8.21-8.55	8.23-8.55	8.35-8.55	8.37-8.55
Подготовка к занятиям. занятия	8.55 – 9.00 9.00-9.20 по подгр.10мин	8.55-9.00 9.00-9.15 9.25-9.40	8.50-9.00 9.00-9.20 9.30-9.50	8.55-9.00 9.00-9.25 9.35-10.00 10.10-10.35	8.50-9.00 9.00-9.30 9.40-10.10 10.20-10.50
Игры, подготовка к прогулке, прогулка (игры, наблюдения, труд)	9.20-9.40 9.40-11.30	9.40-10.00 10.00-11.40	9.50-10.10 10.10-12.10	10.35-12.25	10.50-12.35
Возвращение с прогулки, игры	11.30-11.40	11.40-11.50	12.10-12.30	12.25-12.40	12.35-12.45
Подготовка к обеду. Обед	11.40-12.00	11.50-12.10	12.30-12.50	12.40-13.00	12.45-13.00
Подготовка ко сну, дневной сон	12.00-15.00	12.10-15.00	12.50-15.00	13.00-15.00	13.00-15.00
Постепенный подъем, воздушно-водные процедуры	15.00-15.15	15.00-15.15	15.0-15.15	15.00-15.15	15.00-15.25
Подготовка к полднику. Полдник	15.15-15.30	15.15-15.30	15.15-15.30	15.15-15.30	15.25-15.40
Занятия, кружки, развлечения	15.30-15.50	15.30-15.45	15.30-15.50	15.30-16.00	15.40-16.05
Игры. труд, индив. работа	15.50-16.10	15.45-16.00	15.50-16.10	16.00-16.15	16.05-16.30
Подготовка к прогулке, прогулка. Игры, уход. домой	16.10-17.30	16.00-17.30	16.10-17.30	16.15-17.30	16.30-17.30

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