

Утверждено: заведующим МБДОУ № 29 п.Тавричанка

Е.А.Панченко

приказ № 71 -а от 27.08.2024 года



### РЕЖИМ ДНЯ МБДОУ

«Детский сад общеразвивающего вида №29 п.Тавричанка Надеждинского района» на 2024-2025 учебный год.

Климные моменты	Время, группы				
	Вторая группа раннего возраста 2-3	Младшая группа 3-4 года	Средняя группа 4-5 лет	Старшая группа 5-6 лет	Подготовительная группа
Свободная игра	7.30 – 8.15	7.30-8.15	7.30-8.15	7.30-8.20	7.30-8.20
Утренняя гимнастика	8.15 – 8.20	8.15-8.25	8.15-8.25	8.20-8.30	8.20-8.30
Подготовка к завтраку, завтрак, курство	8.20 – 8.55	8.25-8.45	8.25-8.45	8.30-8.45	8.30-8.40
Утренний круг	-	8.45 -9.00	8.45-9.00	8.45-9.00	8.40-9.00
Организованная образовательная деятельность	По подгруппам 9.00 – 9.20	9.00 – 9.40 9.40 – 10.00	9.00 – 9.50 9.50 – 10.10	9.00 – 10.35	9.00 – 10.50
Подготовка к прогулке, прогулка (игры, наблюдения, труд)	9.20-9.40 9.40-11.20	10.00 – 12.00	10.10 – 12.10	10.35-12.25	10.50-12.30
Возвращение с прогулки, игры	11.20-11.45	12.00-12.20	12.10-12.20	12.25-12.40	12.30-12.40
Подготовка к обеду. Обед, дежурство	11.45-12.10	12.20-12.40	12.20-12.40	12.40-13.00	12.40-13.00
Подготовка ко сну, дневной сон	12.10-15.00	12.40-15.00	12.40-15.00	13.00-15.00	13.00-15.00
Постепенный подъем, профилактические, физкультурно-оздоровительные процедуры	15.00-15.15	15.00-15.15	15.00-15.15	15.00-15.15	15.00-15.15
Подготовка к полднику. Полдник	15.15-15.30	15.15-15.25	15.15-15.25	15.15-15.25	15.15-15.25
Игры, кружки, занятия по подгруппам	15.30-16.15	15.25-16.00	15.25-16.00	15.25-16.00	15.25-16.00
Утренний круг		16.00 – 16.20	16.00 – 16.20	16.00-16.20	16.00-16.20
Прогулка. Уход домой	16.15-18.00	16.20-18.00	16.20-18.00	16.20-18.00	16.20-18.00

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