



Утверждено: заведующим Е.А.Панченко

РЕЖИМ ДНЯ МБДОУ

«Детский сад общеразвивающего вида №29 п.Тавричанка Надеждинского района» на 2023-2024 учебный год.

имные моменты	Время, группы				
	Вторая группа раннего возраста 2-3	Младшая группа 3-4 года	Средняя группа 4-5 лет	Старшая группа 5-6 лет	Подготовительная группа
ем, свободная игра	7.30 – 8.15	7.30-8.15	7.30-8.15	7.30-8.20	7.30-8.20
нная гимнастика	8.15 – 8.20	8.15-8.25	8.15-8.25	8.20-8.30	8.20-8.30
готовка к завтраку, завтрак, урство	8.20 – 8.55	8.25-8.45	8.25-8.45	8.30-8.45	8.30-8.40
инный круг	-	8.45 -9.00	8.45-9.00	8.45-9.00	8.40-9.00
л, кружки, занятия	По подгруппам 9.00 – 9.20	9.00 – 10.00	9.00 – 10.10	9.00 – 10.40	9.00 – 10.40
готовка к прогулке, улка (игры, наблюдения, труд)	9.20-9.40 9.40-11.30	10.10 – 12.00	10.10 – 12.10	10.40-12.25	10.40-12.30
ращение с прогулки, игры	11.30-11.45	12.0 0-12.20	12.10-12.20	12.25-12.40	12.30-12.40
готовка к обеду. Обед, дежурство	11.45-12.10	12.2 0-12.40	12.20-12.40	12.40-13.00	12.40-13.00
готовка ко сну, дневной сон	12.10-15.00	12.4 0-15.00	12.40-15.00	13.0 0-15.00	13.00-15.00
епенный подъем, филактические, физкультурно-процедуры	15.00-15.15	15.00-15.15	15.00-15.15	15.00-15.15	15.00-15.15
готовка к полднику. Полдник	15.15-15.30	15.15-15.25	15.15-15.25	15.15-15.25	15.15-15.25
ы, кружки, занятия по подгруппам	15.30-16.15	15.25-16.00	15.25-16.00	15.25-16.00	15.25-16.00
ерный круг		16.00 – 16.20	16.00 – 16.20	16.0 0-16.20	16.0 0-16.20
гулка. уход домой	16.15-17.30	16.20-17.30	16.20-17.30	16.20-17.30	16.20-17.30

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